



May 1, 2022

Feast of St Joseph the Worker

Dear brothers and sisters in Christ,

In March of 2020, as did the other Alberta Bishops for their dioceses, I dispensed with the obligation to Sunday Mass because of the COVID-19 pandemic. This measure was undertaken for your safety and for the common good of our society.

Now public pandemic restrictions have been lifted for public gatherings, including public worship.

Therefore, to return to the normal Catholic pastoral care of your lives of faith, hope and charity and with gratitude for the decrease of danger to public health caused by COVID-19, I hereby restore the Sunday obligation for Catholics starting on Sunday, June 5, 2022, the Solemnity of Pentecost.

As has always been the case, anyone with a “serious reason” or a “grave cause” is excused from this obligation. Such reasons include:

- Anyone who is sick, symptomatic or recently exposed to COVID-19;
- Anyone with serious health risk factors requiring them to avoid public spaces
- Anyone who cares for sick persons;
- Anyone who cannot attend Mass because of frailty or old age.

Dear brothers and sisters in Christ, may the sufferings and distress of these last two years bring us to a renewed faith in Christ’s real Presence in the Holy Eucharist and to a renewal of Sunday as a family day of rest and prayer.

†Paul Terrio  
Bishop of St Paul in Alberta



Fr. Michael Ngo  
Chancellor

PT/cw